

GPVSB QUARTERLY NEWSLETTER

SEPTEMBER 2019



The GPVSB is 50 years old this year. As with any agency that has survived this long there have been periods of growth and retreat, different visions and aspirations and movement, mandates and madness.

Formed in 1969 the GPVSB was managed by an administrative board until 1971 when funding was obtained to hire a part-time coordinator. In 1974 the City of Grande Prairie undertook the operations Payroll and accounts were provided by the City of Grande Prairie. Renamed as a 'Project' the Management Committee continued to direct the affairs and the Preventative Social Services Director delivered limited supervision to staff.

The 'project' was terminated in 1975, however understanding the value of a Volunteer Centre, the Management Committee began negotiations with City Council for funds to reinstate the project under the original mandate. Confirmation

of the original mandate was obtained by Motion of City Council in January of 1979.

The 'Project' was re-evaluated and incorporated as an independent society in 1983 and a registered charity in 2001... and here we are today, a vibrant active committed organization: growing and learning with the communities we serve and looking forward to whatever the future brings.

Cheers

Carol-Anne



If you have visited our office in the past month you have most likely met our newest team addition Vlad the Pomeranian!

Filling an On Trial Basis position of Office Dog, this friendly little guy is always excited to meet new people, take breaks outside and fall asleep on a stack of papers on our Executive Director's desk.

Welcome to the team Vlad!

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GRANT WRITING CLINIC

Learn how to organize your information for the Grant Writing process & how to prepare your Grant Proposals in this 2 day hands on course!

ADDED BONUS

Discover the Grant tools & resources available to GPVSB Members!

**SEATING IS LIMITED MAXIMUM
2 SEATS PER ORGANIZATION**

***GPVSB MEMBERS USE YOUR
GOLD STARS TO REGISTER
FOR FREE!***

For more information and to register contact us at
780-538-2727 or email info@volunteergp.com

UPCOMING DATES

OCTOBER 23 & 24

NOVEMBER 19 & 20

FEBRUARY 18 & 19

TIME

9AM - 4PM

LOCATION

Community Village
Building C.

10116-102 Avenue
Grande Prairie, AB T8V 1A1

COST

GPVSB Members - \$300

Non-Members - \$600



Disclaimer: All courses and intellectual materials are sole property of the GPVSB. Publishing and/or copying of this material is strictly prohibited by law. All clinics content & schedules are subject to change without notice.

MEMBERSHIP BENEFITS

Stay connected with the community & empower your organization with:



LEADERSHIP ENHANCEMENT

FREE workshops for your organization!

- Policy and Procedural Development
- Board Governance Training
- Three (3) free workshops for up to 2 participants each (\$300value)s for your organization!

Training topics include: Finance and Accounting, Governance, Technology, Marketing, Time Management, Customer Service, Organizational Change, Community Relations, Professional Skills AND MORE!



OPERATIONAL SUPPORT

Professional advisory & support

- Executive Directors Network Meetings
- Volunteer Coordinators Network Meetings
- Human Resources Functions
- Grant Support
- Interim Management
- Furniture Fair



ORGANIZATIONAL RESOURCES

Save money for your company!

- FREE use of meeting rooms, presentation equipment, loan of library resources AND use of mailing address
- AFFORDABLE printing and copying (high volume scanning capability)



PROMOTION & ADVERTISING

Share your events and make connections!

- FREE listing and link to your website on our Members Page
- Meet Me at the Mall - half day promotional spot in the Prairie Mall twice a year
- Promotion of your events on our social media networks and our Community Calendar
- Feature in our Member Spotlight



VOLUNTEER SUPPORT

Connect with volunteers in our community!

- FREE Listing of Volunteer Opportunities
- Access to Online Volunteer Directory
- Volunteer Appreciation Events
- Volunteer Recognition Programs

ANNUAL MEMBERSHIPS FEES

Non-Profit: \$125.00

Corporate: \$200.00

For more information on membership and the benefits of joining contact us at 780-538-2727 or email info@volunteergrandepairie.com.

MEMBER SPOTLIGHT



Literacy:
Learning for Life.

L'alphabétisation,
Une leçon pour la vie.

Mission Statement: Frontier College is a national charitable literacy organization. We believe literacy is a right. We work with volunteers and community partners to give people the skills and confidence they need to reach their potential and contribute to society.

Vision Statement: To be a leading and results-driven literacy service partner.



Thandi & Annette enjoying a reading session at Avondale School

Established in 1899 by teacher Alfred Fitzpatrick and a group combined of university students & faculty, Frontier College is Canada's original literacy organization. The initial purpose of the organization was to send trained Teachers-Labourers to live, work and teach in isolated "frontier" settlements, like mines, logging camps and railway lines. Today the nation-wide non-profit's volunteers and community partners focuses on Canada's "new frontiers" – inner city schools & streets, public housing areas, farm communities, prisons and reserves.



Robyn & Sunny reading at Mother Teresa School

The Grande Prairie Chapter, launched in March 2018, primarily works with children and youth, they provide service to FNMI (First Nations, Métis & Inuit) students aged 5 -13. Community Coordinator Janine Kozlowski says "Our

goal is to reach Indigenous students that are at risk of falling behind and create meaningful

personal relationships with students that emphasizes the wonder of books." The agency in partnership with local schools offers in-school reading support & after school programs. During the summer they have Summer Reading Tents – a free program where children can develop a love of reading. For more about this program visit www.facebook.com/FrontierCollegeGP. With their programs and partnerships Frontier College believes that developing a lifelong love of literacy is the single most preventative work to advance human potential. With it personal, economic and social autonomy are all dramatically improved. For Frontier College's success in GP, Janine states "volunteers are key in everything we do. Our volunteers share their time by tutoring math, reading and writing; reading stories to youths and helping with special events." As Frontier College continues to grow in the Peace Region community awareness is crucial and volunteers are a key factor in spreading their message as well. If you have a love of reading and would like to volunteer with Frontier College fill out their online application at www.frontiercollege.ca/Get-Involved/Volunteer/Volunteer-Application-Form.

You can also view their current volunteer opportunities at https://gpvsb.volunteerattract.com/Listings.php?ListType=Membership_featureDetail&ID=82.

For more information on Frontier College visit their website www.frontiercollege.ca. You can stay up to date on the Grande Prairie Frontier College's programs, events and opportunities by following them on Facebook at [@FrontierCollegeGP](https://www.facebook.com/FrontierCollegeGP) and the follow the national organization on Facebook, Twitter, Instagram and YouTube [@FrontierCollege](https://www.facebook.com/FrontierCollege).

The GPVSB would like to thank Frontier College Grande Prairie & their Community Coordinator Janine Kozlowski for being part of our Member Spotlight.



Congratulations to the following individuals who were recognized as Volunteers of the Week for the months of March, April & May 2019! All Volunteer of the Week nominees are entered into our Volunteer of the Month Draw.

JUNE 2019

VOLUNTEERS OF THE WEEK

Trudy Elias - Pregnancy Care Centre
Lilian Aspra - Pregnancy Care Centre
Caroline Cousineau - Sexsmith FCSS
Brant Radcliffe - Tabono Centre
Ethan Gayoway - Sexsmith FCSS
Zoe B. & her dog Avery - St. John Ambulance
Debra T. - St. John Ambulance
Brittney H. - St. John Ambulance
Gurman - Big Brothers Big Sisters
Anita Hebert - Grande Prairie Friendship Centre
Dave Williams - Saskatoon Mountain 4H Multi Club
Gayle Martin - Saskatoon Mountain 4H Multi Club
Kristy Williams - Saskatoon Mountain 4H Multi Club
Madison Dugray - GPVSB
Maddie Barry - Suicide Prevention Resource Centre
Joanne Hotte - Beaverlodge 4H Beef Club

JULY 2019

VOLUNTEERS OF THE WEEK

Brandice Wickberg - Big Brothers Big Sisters
Barry Menard - Disabled Transportation Society
Doug Edey - GPVSB
Sophia Gualdron - Alberta Health Services' Adult Day Program
Meghan - Stepping Stones Daycare Society Parent Link
Merry Moore - Canadian Mental Health Association
Lesley Craig - RBPS Parent Council Association
Fisnik Veliu - Helping Hands of Grande Prairie
Amanda Perks - Stepping Stones Day Care Society
Julie Schwindt - GP Council for Lifelong Learning
Neil Ashworth - Triple Threat Basketball
Corrie Funk - Challengers Baseball
Sierra Greentree - Pineridge Adventure Camp
Corrie Funk - Wolverines Wheelchair Sports
Diana Campbell - GP & District Victim Services
Sue DeSchipper - Grande Prairie Tennis Club
Betty Dyck - Grande Prairie Mission Thrift Store
Jill Neufeld - Pineridge Adventure Camp

AUGUST 2019 VOLUNTEERS OF THE WEEK

Jayden Peters - GPVSB
André Turgeon - South Peace Volleyball Club
Tyson Hickson - Pineridge Adventure Camp
Stephen Lafond - Big Brothers Big Sisters
Eric Sundstrom - Wembley Ag. Society
Terry Antosko - NPBRA
Sheila Antosko - NPBRA
Jim Aasen - NPBRA
Svitlana Tkach - GP Centre for Newcomers

Rob Balcom - NPBRA
Oleksandr Tkach - GP Centre for Newcomers
Morgan Cole - GP Council for Lifelong Learning
Kweonjin Uer - GP Centre for Newcomers
Sharon Ho - Grande Prairie Mission Thrift Store
Jiwoo Lee - GP Centre for Newcomers
Ginette Batt - NPBRA
Kyung Hee Lee - GP Centre for Newcomers
Allan Beck - NPBRA



The staff and board of the GPVSB would like to thank our sponsor Tim Hortons for helping us fuel the volunteers of Grande Prairie & Area.

Volunteers of the Month receive a \$100 gift card to Tim Hortons!

JUNE 2019



ANITA
HEBERT

The winner of June's Volunteer of the Month draw is Anita Hebert who was nominated for Volunteers of the Week by Grande Prairie Friendship Centre on June 17th, 2019. Here is a look back at what they had to say about their volunteer:

'Anita Hebert has been a blessing to the Grande Prairie Friendship Centre! When the Grande Prairie Friendship Centre became the official distribution site for evacuees in May 2019, Anita dedicated many hours welcoming folks into the outreach centre, offering kind conversations, and sorting supplies. Anita is originally from High Level, so many evacuees we're happy to see a familiar face in our centre. Thank you, Anita, for all your hard work and help!'



JULY 2019



SIERRA GREENTREE

The winner of July's Volunteer of the Month draw is Sierra Greentree who was nominated for Volunteers of the Week by Pineridge Adventure Camp on July 23rd, 2019. Here is a look back at what they had to say about their volunteer:

'Sierra has spent two weeks of camp as support staff. She's filled in the gaps and helped me with camp organization and discipline. As well she has taken on leading songs and campfire time. I am nominating her because she has tremendous potential for growth and is already an extremely mature leader for her age.'



AUGUST 2019



JIM AASEN

The winner of August's Volunteer of the Month draw is Jim Aasen who was nominated for Volunteers of the Week by North Peace Bracket Racing Association on August 16th, 2019. Here is a look back at what they had to say about their volunteer:

'Jim is an outstanding volunteer. The amount of time and energy Jim puts in for our club is exceptional. We would have a hard time making a go of it without him. Thanks Jim!'

Congratulations Jim!

MEMBER SPOTLIGHT



Mission Statement: To provide a safe, fun, family friendly environment to promote drag racing.

Vision Statement: We hope to grow as an organization through members, and the youth who will hopefully take over as they get older.



If you live in the peace region and like the smell of burnt rubber, exhaust and watching fast cars then you more than likely already know about the North Peace Bracket Racing Association. The volunteer driven non-profit is an active part of the community for the past 27 seasons. Their Drag Races are held at the Pat's Auto Supply Motorsports Park, located at the Beaverlodge Airport, which the group recently purchased, Bracket Event Director Derek Falconer states "The facility is beautifully maintained by our volunteers, and still serves as a private airport." He continues "Without volunteers we simply would not exist. We have no paid employees; we depend entirely on our wonderful volunteers."



NPBRA Volunteers participating in the Weed Warriors Fundraiser



Volunteers help clean the track after a spill.

The race season runs from May to September in that time volunteers help with the races setup and take down of the track, selling memorabilia, fundraisers and more. The group also works with A&W to raise money for the MS Society and local charities. They also hold the annual Spring Spectacular Indoor Car Show & Swap Meet in April at the TARA Centre. NPBRA volunteers also come together to support the community at



Volunteers after building a Gazebo at the track.

various events like the County of Grande Prairie Weed Warriors and cleanup programs.

For more information about NPBRA, their

upcoming events and how to become a volunteer with them visit <https://npbra.ca> and follow them on Facebook at <https://www.facebook.com/npbraofficial/>.

The GPVSB would like to thank North Peace Bracket Racing Association for being part of our Member Spotlight.



**NOMINATIONS FOR THE 2019
VOLUNTEER OF THE YEAR AWARDS
ARE NOW OPEN!**

**RECOGNIZE AN EXTRAORDINARY
INDIVIDUAL OR COMPANY FOR THEIR
VOLUNTEER CONTRIBUTIONS IN OUR
COMMUNITY THIS YEAR.**

The Volunteer of the Year Awards, presented by the Grande Prairie Volunteer Services Bureau, recognizes one individual (Volunteer of the Year) and one company/business (Corporate Volunteer of the Year) living/operating in the Grande Prairie region for outstanding contributions to the community through their support and acts of volunteerism.

The award recognizes their commitment over the last twelve month period (November 2018 through October 2019) and the significant impact their efforts have had on a not-for-profit organization(s) in the Grande Prairie region. Nominations may be made by not-for-profit and voluntary organizations, community groups, education institutions, levels of government or individuals in order to acknowledge a company who deserves recognition for their efforts. The Awards will be presented at the 34th International Volunteer Day Celebration Breakfast on December 5th, 2019. Award winners will be notified by GPVSB prior to presentation.

**NOMINATIONS ARE DUE NOVEMBER 4, 2019
FOR AWARD DETAILS & NOMINATION FORMS VISIT
[HTTPS://WWW.VOLUNTEERG.P.COM](https://www.volunteergp.com)**

FOR MORE INFORMATION CONTACT:

Grande Prairie Volunteer Services Bureau
Phone: 780-538-2727 | Fax: 780-539-5986
Email: programs@volunteergp.com
The Community Village - Building C.
10116 – 102 Avenue, Grande Prairie, AB



**MEET ME AT THE MALL!
OCTOBER 21-27**

**Visit GPVSB Members at the Prairie Mall's
Community Booth and learn about the
services & programs they offer to help
the community in Grande Prairie & Area!**



Are you looking for employment? Having trouble with your resume? Not sure how to find opportunities? Need help with your interview skills? A fundamental component of finding and retaining employment is having the necessary life skills and basic work skills. If you are over the age of 18, have a positive attitude, are willing to learn new skills & take on new challenges, then these FREE courses can help you!

hire general courses

Interpersonal Skills

Learn about verbal & non-verbal communication skills as well as listening skills used for effective communication.

Communication Skills

Learn what is required for effective communication in the workplace & in life.

Interview Techniques

Learn how-to prepare for a successful interview & reduce pre-interview anxiety by knowing what to expect.

Job Search Techniques

Learn how to enhance job search activities.

Personal Development

Learn to examine you own essential skills and how to build on this foundation for success in their personal and working life.

Personal Development: Positivity Works

Do you want to have less stress, get along well with your team or feel better about yourself? Learn how a positive attitude can work well for you on the job or in your personal life.

Overcoming Communication Barriers

Learn practical tools & strategies for overcoming communication barriers.

Writing Effective Resumes & Cover Letters

Learn the principles of writing effective resumes & cover letters.

Career & Information Planning

Learn how to plan a career.

How to Use The Cloud

Learn about storing your documents online and accessing them when you need them from any device using Google Drive.

Online Job Search

Learn the essential navigation tips and skills to easily search for employment online.

Introduction to Microsoft

Learn to use Microsoft applications to submit resumes to companies & businesses online.

Get a Job Using Social Media

Learn about Privacy basics for Facebook & LinkedIn also how to use Social Media to promote yourself when searching for a job.

Personal Empowerment

Learn the importance of self-confidence & how to take control of circumstances and achieve goals in personal and working life.

For more Information and to Register contact:
Grande Prairie Volunteer Services Bureau
Community Village, Building C. 10116-102 Ave,
Grande Prairie, Alberta, T8V 1A1
Phone: 780-538-2727 | Fax: 780-539-5986
Email: cdmanager@volunteergp.com
Website: wired2hire.ca Facebook: @Wired2Hire

Supported By



Help the young people in your life find their path to success with the



youth program

NEW SESSIONS STARTING IN THE FALL!

Young adults between the ages of 16 to 30, living in Grande Prairie or surrounding area can apply now to be part of this amazing part-time program that equips participants with necessary skills to interact & succeed in their volunteer and work positions throughout their lifetime.

Participants receive recognized training & certification in:

Standard First Aid, Customer Service, Food Safety, Rent Smart, Alberta Class 7 Drivers Learners Permit & certification in 2 courses chosen by participant & program instructor.

Participants learn new skills in:

Communication, Conflict Resolution, Assertiveness, Self-Confidence & Self Esteem, Stress Management, Problem Solving, Resumes & Cover Letters & More!

To successfully complete this program participants must attend all training / workshops sessions and complete a 25 hours practicum of Volunteer Service!

Application forms are available online at <https://wired2hire.ca>

For more information contact:

Youth Program Supported by:



RBC Foundation

Rotary

Club of Grande Prairie



Phone: 780-538-2727 Fax: 780-539-5986
Email: youth@volunteergrandeprairie.com
Community Village Building C,
10116-102 Ave. Grande Prairie, AB T8V 1A1

MEMBER SPOTLIGHT



Canadian
Cancer
Society

Mission Statement: The Canadian Cancer Society is a national, community-based organization of volunteers whose mission is the eradication of cancer and the enhancement of the quality of life of people living with cancer.

Canadian Cancer Society (CCS) is the only national charity that supports all people with all cancers in communities across the country. Working as a national organization allows us to operate more efficiently and ensure donor dollars are spent effectively. And advancements benefit all Canadians, regardless of where they live.

CSS is a collective of people united by the same goals. This includes people with cancer, their families, friends and healthcare teams, as well as donors, scientists, advocates, volunteers and partner organizations.

CCS knows that cancer can change a lot of things. They know that for people with cancer and their families, life is more than a diagnosis. That's why CSS are always looking for ways to improve the cancer experience by helping people live longer and enhancing their quality of life. CSS is here to help and support people live their lives more fully, because they believe that life is bigger than cancer.

You can help make a difference – our vision to create a world where no Canadian fears cancer is only achievable if we work collectively with people united by the same goals.

Become engaged in your community with the Canadian Cancer Society by visiting their online volunteer registration site, Volunteer Hub at <https://grandeprairie.cancer.volunteerhub.com/> or call the Cancer Information Service provided via a toll-free help line (1-888-939-3333) or cancer.ca for support.

Upcoming events in Grande Prairie -

CIBC Run for the Cure – Sunday, October 6, 2019 - <https://www.cancer.ca/en/events/ab/cibc-run-for-the-cure/cibc-run-for-the-cure-in-grande-prairie/?region=ab>

Relay For Life in Grande Prairie - June 2020 – committee recruitment to begin soon – watch the hub for this posting.



The GPVSB would like to thank the Canadian Cancer Society for being part of our Member Spotlight. For more information about The Canadian Cancer Society visit <https://cancer.ca/> and follow them on; Facebook - <https://www.facebook.com/CCSPrairies/>, Twitter - <https://twitter.com/CCSPrairies> & YouTube - <https://www.youtube.com/user/CDNCancerSociety>.

GPVSB MEMBERS LOOKING FOR VOLUNTEERS?

Post your Volunteer Opportunities at <https://gvsb.volunteergrandeprairie.com>
GPVSB Members missing your log-in information for the Volunteer Directory contact us at communications@volunteergrandeprairie.com



"NOT ME"... THE PRESUMPTION OF TOLERANCE



The GPVSB would like to thank everyone who attended "NOT ME"... The Presumption of Tolerance on September 21st. Huge thanks to Martha, Pamela and Ayodeji from ACLRC for their presentation. And thanks to the event's presenting partner the Grande Prairie Public Library and sponsors BMO, County of Grande Prairie and City of Grande Prairie for their support.



Presented by the Grande Prairie Volunteer Services Bureau, this free volunteer recognition program, sponsored by Tim Hortons, is a great way for organizations to honour their outstanding volunteers and let them know how much their efforts are appreciated!

Volunteers who are recognized will receive; a \$5.00 Gift Card & Travel Mug from Tim Hortons, a certificate of appreciation, public recognition on our website - www.volunteergrandeprairie.com & our social media sites, they will also have their name printed in Friday's edition of the Daily Herald Tribune on the week they are recognized.

VOLUNTEERS OF THE WEEK ARE ALSO ENTERED INTO THE VOLUNTEER OF THE MONTH DRAW & CAN WIN A \$100 GIFT CARD FROM TIM HORTONS! Nominate your Volunteers today by filling out the online nomination form at www.volunteergrandeprairie.com

*Nominators are responsible for informing nominee of nomination & arranging pickup of recognition package from GPVSB Office

THANK YOU!

The Grande Prairie Volunteer Services Bureau would like to thank the Co-operators - Sheldon Hannah Insurance Services Ltd. for their recent donation.

*Grande Prairie Volunteer Services Bureau:
Our Mission is to enhance community development through success of the non-profit sector.*



Jessica & Serena from Sheldon Hannah Insurance Services Ltd. present a cheque to GPVSB Executive Director Carol-Anne Pasemko.

Visit us Online!

www.volunteergp.com | wired2hire.ca

-  facebook.com/gpvsb
-  twitter.com/gpvsb
-  instagram.com/gpvsb
-  www.linkedin.com/in/gpvsb
-  thevolunteercommunity.tumblr.com